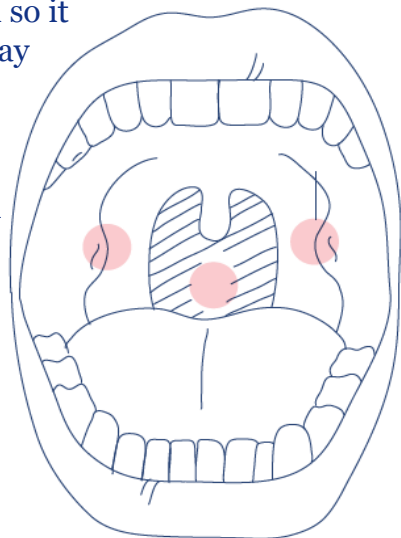
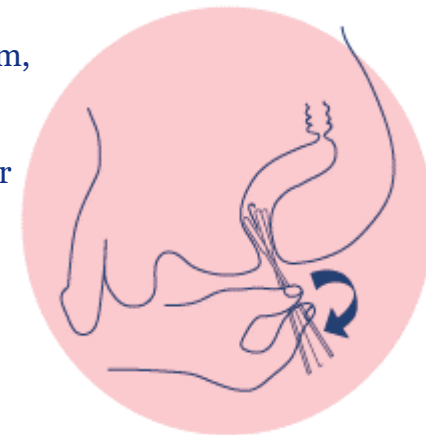

THROAT SAMPLES

1. Wash your hands and bring out the tube marked with your personal identity number and “*Svalg KLAMGCSV*”. Unscrew the cap. Open the package with swabs and bring out the pink one. Avoid putting it down so it doesn't get dirty. You can throw away the white one, you will not be needing it.
2. Rub the pink swab against the mucosa as shown in the illustration to the right.
3. Put the pink swab into the tube and carefully break off the handle.
Important: There is a fluid inside the tube, don't pour that out!
4. Put on and tighten the cap.



RECTAL SAMPLES

1. Bring out the tube marked with your personal identity number and “*Rekt KLAMGCREKT*”. Unscrew the cap. Open the package with swabs and bring out the pink one. Avoid putting it down so it doesn't get dirty. You can throw away the white one, you will not be needing it.
2. Find a good position so you can reach the rectum. Insert the pink stick, 2-3 cm, into the rectum. Avoid bending the swab so it does not break.
3. Rotate the swab 5-10 times in a circular motion against the mucosa.
4. Remove the swab gently
5. Put the pink swab into the tube and carefully break off the handle.
Important: There is a fluid inside the tube, don't pour that out!
6. Put on and tighten the cap.



URINE SAMPLES

1. Bring out the tube marked with your personal identity number and “*U KLAMGCP-U*”.
2. Urinate the first urine into a plastic cup (or something that is clean).
3. Using the pipette - transfer urine into the tube up to between the arrows as shown in the illustration to the right.
4. Put on and tighten the cap.

