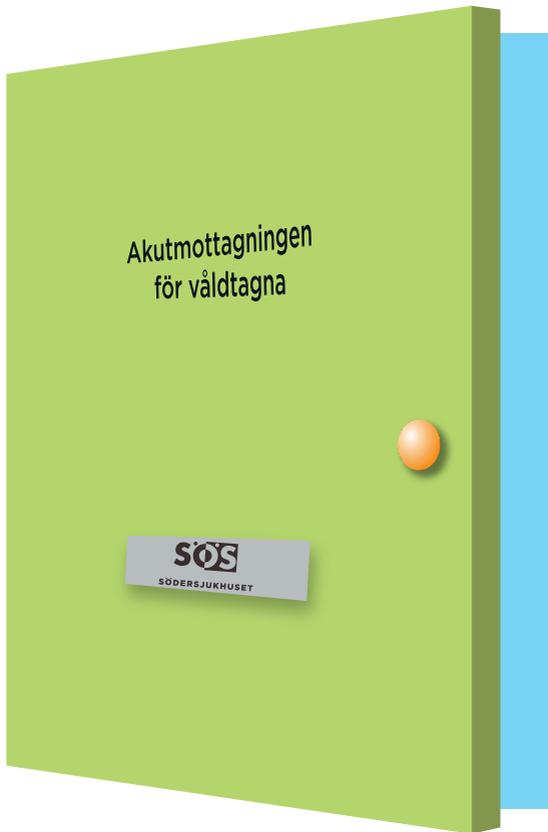


Emergency Clinic for Rape Victims



24-hour
emergency
telephone
number
08-616 46 70

SÖS

SÖDERSJUKHUSET

What help can I get at the Emergency Clinic for Rape Victims?

Here you can get help, no matter who has assaulted you. It could be a man or a woman, someone close to you, or a person you have never met before. You can visit the clinic for help for up to one month after the assault.

You will be offered a forensic examination, during which evidence is gathered and secured to support any legal process. You will also be offered counselling to help deal with the impact that the assault has had on you. There will also be a medical follow-up with a doctor and a nurse.

Our staff here at the clinic includes doctors, nurses, assistant nurses, psychologists and medical social workers. All our staff have a great deal of experience in helping people who have been the victim of a sexual assault.

What happens when I arrive at the clinic?

You can visit the clinic at any time, day or night. Some people want to come alone, while others prefer to be accompanied by someone they know. You decide what is best for you.

When you arrive at the clinic, we will first provide you with information about the services we offer and you can then tell us the reason for your visit. We will determine together which examinations you should have and which samples will be taken. The entire process is voluntary, and you can tell us at any time if there is anything you are not comfortable with.

What happens during my meeting with the doctor?

Based on what you have told us, the doctor can decide which examinations may be helpful, but it is your decision whether or not to go ahead with them.

A complete physical examination is not always necessary, but it may be very helpful in ensuring that evidence is not lost.

The samples that are taken during your initial visit will not show whether the assault has caused you to be infected with a sexually transmitted disease, as it takes at least two weeks to get any results from the tests. For this reason, you will be given another appointment in a couple of weeks for a medical follow-up.

How can talking about things help me?

You will be offered the chance to speak with a counsellor. A sexual assault can throw you into crisis, meaning you may not feel like yourself for a little while. Counselling can help you to understand your reactions and come up with strategies to deal with them. Remember to let yourself feel and react naturally.

You may also be offered the chance to take part in group counselling sessions with people who have had similar experiences.

What happens next?

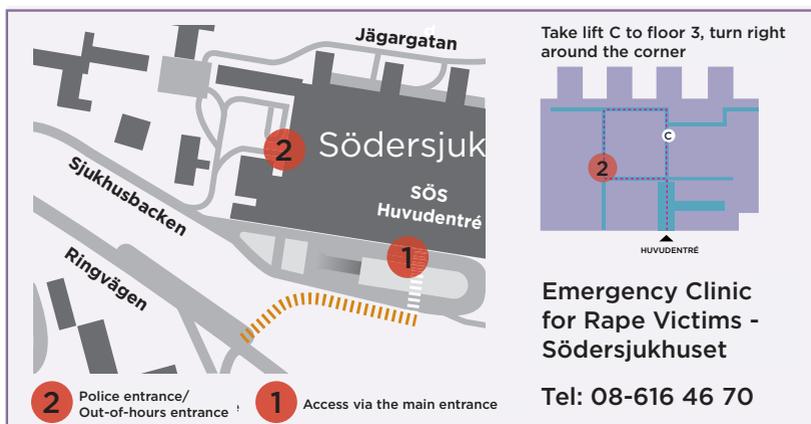
We will not force you to report the assault to the police. However, if you do want to make a police report, we can help by putting you in contact with the police. If samples have been taken to secure evidence during your initial visit, these will be saved for six months to give you time to consider making a police report. If you would like the samples saved for longer, you must contact us to tell us.

We want to improve and develop the care provided to people who have been the victim of a sexual crime. Therefore, when you return for another visit we may ask you to answer some questions about yourself, the assault, and what you think of the care provided here at the clinic. It is up to you whether or not you want to answer these questions.

Contact

Emergency Clinic for Rape Victims
Lift C, Floor 3
Sjukhusbacken 10, Stockholm
You can also contact us via www.1177.se.

Tel: 08-616 46 70



You can also contact:

- **Counselling service (Samtalsmottagningen) 08-508 25 551** (free counselling for anyone who has suffered any form of sexual violence.)
- **Women's shelter (Alla Kvinnors Hus) 08-6440920** (free counselling for anyone who identifies as a woman and has suffered any form of sexual violence.)
- **National Women's Helpline (Kvinnofridslinjen) 020-50 50 50** (open 24 hours, for anyone who has suffered physical, mental or sexual violence, and the relatives of victims.)
- **The Swedish Federation for LGBTQ Rights' (RFSL) victim hotline 020-34 13 16** (for anyone who identifies as LGBTQ and has suffered any form of violence.)
- **The Swedish Association for Sexuality Education's (RFSU) sexual advice line 08-692 07 70** (for anyone who has suffered any form of sexual violence, and the relatives of victims.)



SÖDERSJUKHUSET

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www.sodersjukhuset.se